

The Women's Club of Norwell Presents the 5th Annual

Norwell Turkey Trot 5K

(Run or Walk)

Sunday, November 14,

2010

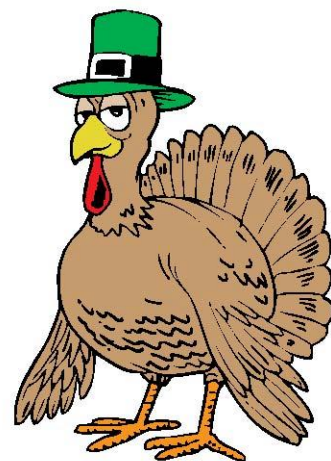
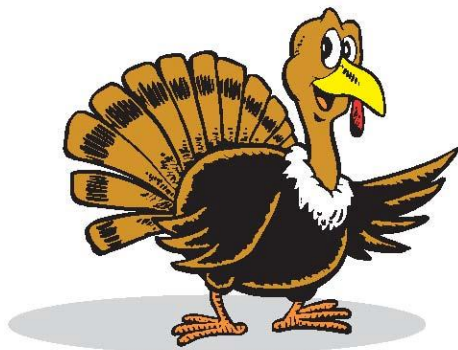
10:00 am

Norwell High School

18 South Street, Norwell, MA

Rain or Shine

T-shirts to the first 150
participants to pre-register



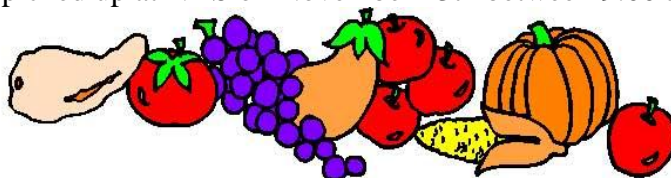
Kids' Race for ages 8 and under will begin immediately after the 5k (\$5 per family).

Please bring a can or box of food to be donated to the Norwell Food Pantry.

Prizes for top male and female finishers, refreshments, water stops and mile markers.

Number pickup and race day registration begins at 8:00 am

Numbers may also be picked up at NHS on November 13th between 9:00 a.m. and 1:00 p.m.



Send entry form and a \$20 nonrefundable check payable to The Women's Club of Norwell, Inc. on or before November 1st to P.O. Box 834, Norwell, MA 02061. After November 1st, the entry fee will be \$25. Please include the cost of the Kids' Race fee in the check payable to The Women's Club of Norwell, Inc.

Name: _____ Age: _____ Male ___ Female ___

Address: _____ City: _____ State: ___ Zip: _____

Email Address: _____

Run Check box Walk check box Shirt size S M L XL

Kids' Race Fee \$5 per family Name(s) and age(s) _____

I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against The Women's Club of Norwell, Inc. and sponsors, coordinating groups and any individuals associated with the event, their representatives, successors and assigns, and will hold them harmless for any and all injuries suffered in connection with this event. I attest that I am physically fit to compete in this event. Further, I hereby grant full permission to any and all of the foregoing to use my likeness in all media including photographs, pictures, recordings, or any other record of this event for any legitimate purpose.

Signature of Participant (required) _____ Date _____

parent or guardian must sign if under 18 years of age

Race entry form may be downloaded from <http://norwellwomensclub.org>.

Online Registration Powered by Active.com

For questions, email Jill Donelan: jillmarie.donelan@gmail.com